New Employee Benefits: 08/02/2011

If you are eligible for employee benefits, please review this information carefully and be aware of the enrollment deadlines.

Benefit	Link to Information	Forms, Instructions and Requirements
Are you	Eligibility for employee benefits depends upon your type of	If you are eligible for benefits, this Guide provides an
eligible for	appointment and your tour of duty. Generally, you must be hired	overview:
Federal	under a non-temporary appointment, and have a regular tour of	
Employee	duty, in order to be eligible for benefits.	Guide to Federal Benefits:
Benefits?		http://www.opm.gov/insure/health/planinfo/2011/gui
	See eligibility charts:	des/70-1.pdf
	http://www.aphis.usda.gov/mrpbs/hr/benefits/downloads/benefi	
	ts_eligibility_charts.pdf	
Human		Use the HRO Form 444d to send benefits forms to
Resources		Minneapolis Human Resources Operations (HRO).
Transmittal -		Please follow instructions carefully.
Benefits		
Documents		HRO Form 444d:
		http://www.aphis.usda.gov/mrpbs/downloads/forms/mrp/hro444d.pdf
Federal	You are automatically covered by FEGLI Basic Life insurance,	Complete the SF-2817, if you are electing Optional
Employees	unless you choose to waive that coverage. You can also elect	insurance, if you are waiving life insurance coverage,
Group Life	Optional insurance for you, and/or your eligible family members	or if you are only electing the automatic Basic Life
Insurance	within 60 days of your employment eligibility date.	coverage.
(FEGLI)		
provides	Which of your family members are eligible?	SF-2817
group term		
life insurance	 Spouse, including a valid common law marriage (marriage 	http://www.opm.gov/forms/pdf_fill/sf2817.pdf
coverage for	means only a legal union between one man and one woman	
you and for	as husband and wife)	

1

eligible family members.	Unmarried dependent child under age 22, including adopted child, recognized natural child, stepchild/foster	Print copy 1 only, sign, and fax or mail to HRO.
	child (if living with employee in regulator parent-child	Your completed SF-2817 must be received in
	relationship); and	Minneapolis Human Resources Operations within 60
	 Child age 22 or over incapable of self-support, if disabling condition happened before age 22. 	days of your eligibility date.
		Basic coverage is effective the day you enter on duty
	Web site: http://www.opm.gov/insure/life/index.asp	in pay status. Optional coverage is effective the first
	Booklet:	day you enter on duty in pay status on or after the
	http://www.opm.gov/insure/life/reference/federal/booklet.pdf	day HRO receives your SF-2817.
	Calculator: http://www.opm.gov/calculator/worksheet.asp	There are no regular open seasons for life insurance
	Questions?	enrollment.
	Call the Benefits Specialist serving your program:	
	http://www.aphis.usda.gov/mrpbs/contact_us/downloads/benefits.pdf	
Federal	FEHB provides comprehensive health insurance. You can choose	Complete the SF-2809, even if you are electing not to
Employees	from fee-for-service plans, health maintenance organizations,	enroll.
Health	consumer-driven plans and high deductible health plans.	
Benefits		SF-2809
(FEHB)	Which of your family members are eligible?	http://www.opm.gov/forms/pdf_fill/sf2809.pdf
Program		
provides a	 Spouse, including a valid common law marriage (marriage 	Print copy 1 only, sign, and fax or mail to HRO.
variety of	means only a legal union between one man and one woman	
nationwide	as husband and wife)	Your completed SF-2809 must be received in
and local	 Children under age 26, including adopted child, 	Minneapolis Human Resources Operations within 60
health	recognized natural child, stepchild, foster child (if living	days of your eligibility date.
insurance	with employee in regular parent-child relationship); and	
plans.	 Child age 26 or over incapable of self-support, if 	Once you enroll, you may not change your enrollment

(FEHB)	Web site: http://www.opm.gov/insure/health/index.asp	experience a qualifying life event.
	Find a Health Plan: http://www.opm.gov/insure/health/planinfo/index.asp or https://www.plansmartchoice.com/ Guide to Health Plans:	Your health insurance coverage becomes effective the first day of the first pay period after your completed SF-2809 is received in Human Resources Operations, and that follows a pay period during any part of which you are in pay status. You should
	http://www.opm.gov/insure/health/planinfo/2011/guides/70- 1.pdf	receive your health plan membership card approximately 4 to 6 weeks after the effective date.
	Questions about plan benefits? Please contact the health plans. Questions about enrollment? Call the HRO Benefits Assistant serving your program: http://www.aphis.usda.gov/mrpbs/contact_us/downloads/benefit s.pdf	
Federal	FEDVIP allows self only, self plus one, or self and family	Follow the instructions on the BENEFEDS web site.
Employees	enrollment options.	No form.
Dental and	·	
Vision	Which of your family members are eligible?	Enroll at: https://www.benefeds.com/
Insurance		
Program (FEDVIP) provides a	 Spouse, including a valid common law marriage (marriage means only a legal union between one man and one woman as husband and wife) 	Enroll through BENEFEDS web site within 60 days of you the date you become eligible for benefits.
variety of nationwide and some regional plans.	 Unmarried dependent child under age 22, including adopted child, recognized natural child, stepchild/foster child (if living with employee in regulator parent-child relationship); and Child age 22 or over incapable of self-support, if 	Enrollment is effective the first day of the first pay period after your enrollment request is received by BENEFEDS. Once you enroll, you may not change your enrollment until the next annual open season or until you

(FEDVIP)	disabling condition happened before age 22.	
	Web sites:	
	Dental: http://www.opm.gov/insure/dental/index.asp	
	Vision: http://www.opm.gov/insure/vision/index.asp	
	or https://www.plansmartchoice.com/	
	Questions? Call BENEFEDS: 1-877-888-3337	
	TTY: 1-877-889-5680	

Federal Flexible Spending Accounts provides you the opportunity to set aside pretax money to pay for qualifying expenses for health care and dependent care.

FSAFEDS allows you to save money on health care and/or child care/elder care expenses. You set aside money from your salary before taxes are withheld, incur eligible expenses, and receive reimbursement. Enrolling in FSAFEDS lowers the amount of income tax you pay because the salary you set aside for FSAFEDS is not taxed. That's how you save money with FSAFEDS - you pay less tax!

Which family members are eligible? Your spouse and adult children under the age of 27.

Please note: Adult children are covered through December 31 of the year in which they turn 26.

https://www.fsafeds.com/fsafeds/SummaryOfBenefits.asp#Adu ltChild26

Web site: https://www.fsafeds.com/fsafeds/index.asp

Questions? Call FSAFEDS: 1-877-372-3337

TTY: 1-800-952-0450

Follow the instructions on the FSAFEDS web site. No form.

Enroll at:

https://www.fsafeds.com/fsafeds/index.asp

Enroll through FSAFEDS web site within 60 days of the date you become eligible for benefits.

You are not eligible to enroll on or after October 1 of each year, but can enroll during the annual open season period following October 1.

Federal Long	FLTCIP offers insurance that helps cover the costs of certain	Request application package:
Term Care	long term care services. Long term care is the assistance you	http://www.ltcfeds.com/ or call 1-800-582-3337
Insurance	receive to perform activities of daily living or supervision you	
Program	receive because of a severe cognitive impairment. Your premium	You and your spouse have 60 days, from the date of
(FLTCIP)	is based on your age on the date you apply as well as the benefit	you become eligible for benefits, to apply with
provides	options you select. The FLTCIP is medically underwritten.	abbreviated underwriting. You can apply at any time
financial	Certain medical conditions, or combinations of conditions, will	with full underwriting.
resources for	prevent some people from qualifying for coverage.	
care in a		
nursing home,	Which family members are eligible to apply for FLTCIP? Your	
assisted living	spouse, domestic partner, adult children, parents, parents-in-law,	
facility, adult	and step parents.	
day care, or		
at home.	Web site: http://www.ltcfeds.com/	
	Out time 2 Call I am Tann Care Deuterson 1 000 502 2227	
	Questions? Call Long Term Care Partners: 1-800-582-3337	
Federal	FERS Pamphlet:	Coverage is automatic based on type of appointment
Employees	/ / / / / / / / / / / / / / / / / / /	and work schedule; however, if you were previously
Retirement	http://www.opm.gov/forms/pdfimage/RI90-1.pdf	covered by the Civil Service Retirement System
System	V 550	(CSRS), the FERS information may not apply to you.
(FERS) is a	Your FERS annuity (pension) will be based on your highest 3 years	
pension plan.	of salary and your years of creditable service.	
	If you have performed active duty military service, find out how	
	to add this military time to your FERS service credit:	
	To dad this him all y this to your teles on the or out the	
	http://www.aphis.usda.gov/mrpbs/hr/benefits/post_1956_military_duty.sht	
	ml	

the TCD 1 to atout formand decreases
the TSP-1 to start, increase, decrease or TSP contributions; print, sign, and fax or RO. No deadline.
V

(TSP)	FERS employees are eligible for agency contributions immediately - there is no waiting period for receiving Agency Automatic (1%) contributions or Matching contributions on up to 5% of basic salary. Web site: http://www.tsp.gov/ Summary Booklet: https://www.tsp.gov/PDF/formspubs/tspbk08.pdf	
Designation of Beneficiary Forms	Web site: http://www.aphis.usda.gov/mrpbs/hr/benefits/designation_bene ficiary.shtml	These forms are used to specify who you want to receive these benefits in the event of your death. Complete these designation forms ONLY if you want to designate differently than the normal order of precedence, or if you are updating previously filed designations. You may submit designation forms at anytime.
Designation of Beneficiary for Unpaid Compensation	Designates who you want to receive your unpaid salary, annual leave, or any other payroll payment.	http://www.opm.gov/forms/pdf_fill/SF1152.pdf Complete without erasures or mistakes. Print, sign, and obtain two witness signatures. MAIL to HRO. Do not fax.
Designation of Beneficiary for Federal Employees Group Life Insurance (FEGLI)	Designates payment of your life insurance.	SF-2823 http://www.opm.gov/forms/pdf_fill/sf2823.pdf Complete without erasures or mistakes. Print, sign, and obtain two witness signatures. MAIL to HRO. Do not fax.

Designation of	For employees covered by FERS only. Designates payment of	SF-3102
Beneficiary for Federal	your FERS contributions if there is no survivor eligible for an	http://www.opm.gov/forms/pdf_fill/sf3102.pdf
Employees	annuity.	Complete without erasures or mistakes. Print, sign,
Retirement		and obtain two witness signatures. MAIL to HRO. Do
System (FERS)		not fax.
Designation of	For employees covered by CSRS only. Designates payment of	SF-2808
Beneficiary for Civil	your CSRS contributions if there is no survivor eligible for an	http://www.opm.gov/forms/pdf_fill/SF2808.pdf
Service	annuity.	Complete without erasures or mistakes. Print, sign,
Retirement		and obtain two witness signatures.
System		
(CSRS)		Do NOT mail to HRO. Mail to OPM address shown on
		the form.
Designation of Beneficiary	Designates payment of your Thrift Savings Plan account.	TSP-3
for Thrift Savings Plan		https://www.tsp.gov/PDF/formspubs/tsp-3.pdf
(TSP)		Complete without erasures or mistakes. Print, sign,
		and obtain two witness signatures.
		Do NOT mail to HRO. FAX or mail to the TSP
		address shown on the form.